



REFORMER PILATES

AT BRANSTON GOLF & COUNTRY CLUB

MONDAY

TIME	INSTRUCTOR
06:30 - 07:20	TABBY
07:30 - 08:20	TABBY
09:00 - 09:50	HELENA
10:00 - 10:50	HELENA
18:00 - 18:50	ISSY
19:00 - 19:50	ISSY

TUESDAY

TIME	INSTRUCTOR
08:30 - 09:20	ANISA
09:30 - 10:20	ANISA
15:30-16:20	TABBY
16:30 - 17:20	TABBY
18:00 - 18:50	ANISA
19:00 - 19:50	ANISA

WEDNESDAY

TIME	INSTRUCTOR
08:30 - 09:20	ANISA
09:30 - 10:20	ANISA
15:30-16:20	TABBY
16:30 - 17:20	TABBY
18:00 - 18:50	ANISA
19:00 - 19:50	ANISA

THURSDAY

TIME	INSTRUCTOR
07:00 - 07:50	AMBI
08:30 - 9:20	ANISA
09:30 - 10:20	ANISA
12:00-12:50	AMBI
18:00 - 18:50	ANISA
19:00 - 19:50	ANISA

FRIDAY

TIME	INSTRUCTOR
07:00 - 07:50	ISSY
08:30 - 09:20	ANISA
09:30 - 10:20	ANISA
12:00 - 12:50	PHIL
18:00 - 18:50	ANISA
19:00 - 19:50	HELENA

SATURDAY

TIME	INSTRUCTOR
10:30 - 11:20	ANISA

SUNDAY

TIME	INSTRUCTOR
10:00-10:50	HANNAH